



Nutritional Wellness Committee

Meeting Agenda

January 23, 2023 3:15 - 4:30 PM

Facilitators: Sara Reveile and Amy Seigler

Meeting Link: meet.google.com/zqn-bizi-fdq

Time	Topic	Presenter
3:15 - 3:20	<ul style="list-style-type: none">• Introduction• Check-in about QTR #4 meeting• Overview of the agenda and goals for the meeting	Group Discussion Sara Reveile
3:20-3:40	<ul style="list-style-type: none">• Food & Nutrition Services Department and Wellness Committee Promotion	Group Discussion
3:40 - 4:00	<ul style="list-style-type: none">• Food & Nutrition Services Committee Survey	Amy Seigler
4:00 - 4:15	<ul style="list-style-type: none">• Open discussion time for new wellness topics presented by members	Group Discussion